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# DREW BARRYMORE HAS FLOWER POWER {pages 12-13}

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**NEW YORK**

Wednesday, March 20, 2013



► The police department arrested more than 400,000 people in the city for smoking pot in the last decade, according to a new report ► Cops spent more than 1 million hours of their time making arrests and booking marijuana users ► About 70 percent of people are younger than 30 {page 02}

## NYPD SPOILS STONER BUZZ



AARON ADLER/METRO

### news

## Musharraf exclusive

► Former Pakistani leader vows to return ► Faces threats, charges {page 08}

### wellbeing

## Work out like a baller

► St. John's coach gives us the moves that keep his teams fit all year {page 19}

### Future. Priests



► Mike Plona shoots pool in the common room of the Cathedral Seminary House of Formation in Douglaston, Queens. He's one of about 70 people studying there to become a Catholic priest. {page 02}



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# It's Godspeed ahead for next generation of Catholic priests

► Dozens of students study to become priests in NYC ► One seminary in Queens includes philosophy, Greek and Bible classes ► Young men find their calling through their faith



AARON ADLER/METRO

## In the news

### Voyeur cop was spying on own stepdaughter

Initial reports indicated NYPD officer Miguel Gomez, 41, was allegedly videotaping a neighbor, but the Daily News reported that the officer arrested for "illegal surveillance" last week was spying on his own stepdaughter. According to The Daily News, Gomez spied on the young woman for more than a month as she got dressed and had sex. **METRO/DT**

## In the news



### Hit-and-run driver faces manslaughter charges

Brooklyn District Attorney Charles Hynes has increased the charges against Julio Acevedo, the alleged driver in the March 3 hit-and-run that killed a young Orthodox couple and their baby, adding manslaughter in the second degree. Acevedo was already indicted on March 12 with leaving the scene of an accident and criminally negligent homicide. **METRO/DT**

In 50 years, they could be the next pope.

As Pope Francis was installed as the next leader of the Catholic Church at the Vatican yesterday, 20-somethings in Queens who are studying to be priests cheered him on.

These young men are some of about 70 students studying at the Cathedral Seminary House of Formation in Douglaston, Queens, all who felt the call to dedicate the rest of their life to priesthood.

In many ways, the campus seems like a normal

## Praising the new pope

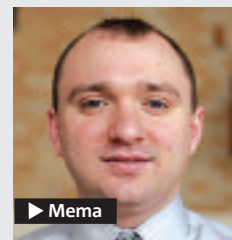
► Students called the selection of Pope Francis an exciting time. "I think it's an amazing time for the church," Mema told Metro.

► Ruiz added that the new pope inspired him: "[He's] approachable, honest, humble, he's paying for his bills himself," he said. "I'm

happy about that."

► When the pope was selected last week, it was a sports-watching atmosphere, they said. "We were watching it for three hours," Mema said.

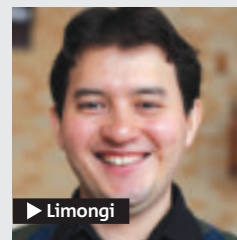
► Then, after the white smoke appeared at the Vatican, the students gathered around the television. "I was napping, and I heard someone yell," Ruiz said.



## Pondering whether to be a priest

"I can't tell a specific moment in time," said Mema of deciding to be a priest. "Being in seminary, things became much clearer."

For Limongi, the slow process began as he became more involved in his church. He didn't tell anyone he was thinking of being a priest, even denying the notion when people would suggest it.



"The Lord told me, again, 'I'm calling you,'" he recounted. So then, he said he thought, "Before I start getting scared, I've got to follow God's will."

For Ruiz, who had studied linguistics and communication disorders, a broken relationship helped nudge him toward God. He began going to mass more and eventually he said that he found his way to Douglaston, where he just started classes in January.

college atmosphere — a gym to shoot hoops, a common room with jack-knives slung over chairs.

Brooklyn native Robert Mema acknowledged that many peers second-guess their decisions to commit to a religious life.

"What? You're crazy," is a common reaction, said Mema. "This is not a monastery. But we're also not a frat house. We're just ordinary, regular men."

But they face extraordinary challenges: pursuing priesthood amid the church's sex-abuse scandal

and a priest shortage.

"We're going to have to really know our faith and defend its doctrines," Adam Ruiz, 25, said.

All stressed any challenges were worth the clarity that God gave them.

"It was a little scary, all the things you leave behind," Carlos Limongi, 29, said. "In the priesthood, we're opening ourselves to so much more."

— **For more on the new pope's start, see page 9.**

**Alison Bowen**  
alison.bowen@metro.us

## In the news

### Police spent 1 million hours arresting people for pot in the last decade

More than 400,000 people were arrested for marijuana possession in New York City during the last decade, according to a new report.

And cops spent about 1 million hours of their time arresting 440,000 people for pot, adds the report, released yesterday by the

### "Police have squandered 1 million hours to make racially biased, costly and unlawful marijuana possession arrests. This is scandalous."

DRUG POLICY ALLIANCE STATE DIRECTOR GABRIEL SAYEGH

# 70%

Of people arrested for pot are younger than 30, according to the report

# 85%

Percent are black or Latino

Drug Policy Alliance.

The group has been one of several to criticize the NYPD for booking New Yorkers found with pot in their pocket. Advocates say many arrests result from NYPD officers stopping and searching New Yorkers, not people smoking on sidewalks.

In 2011, NYPD Commissioner Ray Kelly sent a memo telling officers

not to arrest people for having small amounts of marijuana that was not in public view.

This week, state legislators are reportedly considering a proposal by Gov. Andrew Cuomo that would make the penalty for having a small amount of marijuana in public view a violation instead of a misdemeanor.

According to the report, the amount of cops' time used for a pot arrest varied from two hours to five hours, sometimes longer.

After an arrest, police must bring back the handcuffed person, book them, take photographs and fingerprints and write a

report. They also check the person's data against criminal databases, researchers said.

Researchers noted that this calculation does not include time from officials like corrections, court or prosecution staff.

"We cannot afford to continue arresting tens of thousands of youth every year for low-level marijuana possession," said Alfredo Carrasquillo, an organizer with VOCAL-NY.

Carrasquillo told Metro about spending two days in jail after Harlem cops pulled him aside and found a bag of marijuana.

● **ALISON BOWEN**



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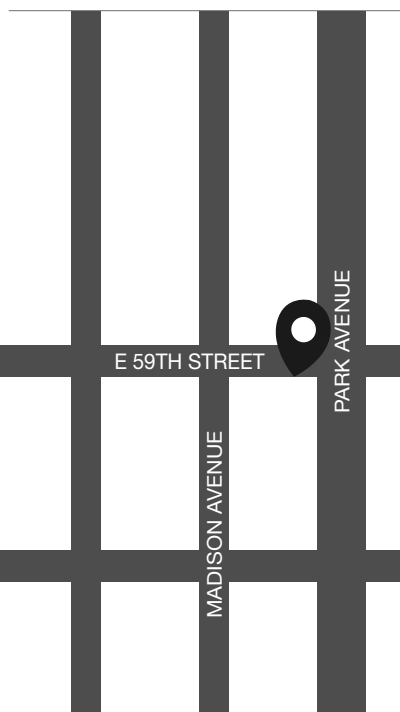
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# State lawmakers agree to raise minimum wage

Gov. Andrew Cuomo and state legislative leaders agreed behind closed doors Monday to raise the state's minimum wage to \$9 over the next three years.

The current minimum wage stands at \$7.25. According to the deal, it would increase to \$8 next year, \$8.75 in 2015 and \$9 by the start of 2016, The

New York Times reports.

Raising the minimum wage has been a top priority for Cuomo and other state Democratic leaders. They believe the current minimum wage is not enough to support workers' lives.

Opponents have argued that the economy is too weak to handle a minimum wage hike and

that small businesses will be hurt by an increase.

State Republican Leader Dean Skelos said Monday, however, that the deal also includes \$700 million in new tax cuts for businesses and families.

If approved, a \$9 minimum wage would be one of the highest in the country.

Cuomo and state lead-

**Minimum wage increases**

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in 2014  
**\$8<sup>75</sup>**  
in 2015  
**\$9<sup>00</sup>**  
in 2016

ers are working to complete the final state budget before the Easter and Passover holidays. The deadline is April 1.

● LAURA SHIN

## In the news

### Police to investigate the criminal records of domestic abuse victims

Cops are being urged to look into the criminal records of domestic violence victims, according to an exclusive report from the NY Post.

The report is based on a memo by Chief of Detectives Phil Pulaski, reminding his department of a practice that investigates both parties in domestic violence cases, including open warrants, complaint histories, "and even the driving records of both parties."

The following day Deputy Commissioner Paul Browne released a statement announcing that "contrary to a published report," a "must arrest"



policy does not exist for domestic violence victims.

"While it is standard practice and policy for detectives to investigate victims' backgrounds to help lead them to the victims' assailants ... the discovery of open warrants on domestic violence victims often results in their warrants being vacated," Browne explained in the statement.

Yet according to the Post, police sources are upset about the memo, insisting that it means "you have no choice but to lock them up," and that the policy will deter victims of domestic violence from coming forward.

A separate source "fumed" to the NY Post that "there's a lack of common sense in this department right now."

A police source told Metro that the memo was simply a reminder to "squad investigators to run complete criminal histories on everyone involved in their cases, including domestic violence victims." ● METRO/DT

# De Blasio wants NYPD inspector general working independently

The City Council may pass legislation requiring the NYPD to have an inspector general, Public Advocate Bill de Blasio said yesterday.

De Blasio held a press conference to press the Council on details that he said should be included in the legislation.

The Community Safety Act would require the NYPD to have an independent monitor, someone to review the department's actions.

The NYPD needs "an inspector general with teeth," de Blasio said in a letter sent to Council Speaker Christine Quinn and Police Commissioner Ray Kelly on Tuesday.

In the letter, he noted that advocates reported the NYPD's 5-millionth stop-and-frisk last week. The department is facing a trial that began this week about the stop-and-frisk practice.

An inspector general would specifically help reform the stop-and-frisk program, he said. De Blasio said any appointed inspector general needs an independent budget and subpoena powers. Without those, a court ruling could limit his powers, he said.

"We have seen this movie before — assurances



**"These two milestones are closely linked — with the overuse and misuse of its stop-and-frisk policy, the NYPD has risked department policy being set by judicial decree. That is no way for a government agency to operate."**

DE BLASIO, IN THE LETTER

that reform is on the way only to see the council substitute a half-measure for true change," he said at the conference. "This time must be different."

The NYPD has been criticized for recent practices like stop-and-frisk and its surveillance of Muslims in and around New York City.

The NYPD's top spokesman told Metro the suggestion of an inspector general was "wasteful and duplicative."

● DANIELLE TCHOLAKIAN

# 1.3M

**An estimated 1.3 million women are victims of domestic violence. A vast number of these cases already go unreported, according to the National Coalition Against Domestic Violence.**



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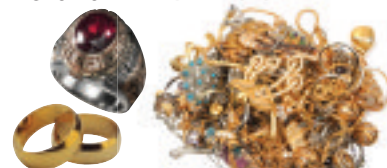
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**In the news**

**Police seek knife-wielding Bronx robber**

NYPD



► Gory

Cops are searching for a man who robbed a Bronx deli store clerk at knife point last weekend.

Zanus Gory, 25, entered Clinton Express Deli Corp. in Tremont about 7:15 a.m. on March 16, police said. He went behind the counter, grabbed a knife, threatened the employee and fled on foot with money from the cash register.

The suspect is described as a black male, 5-foot-7 and 150 pounds.

Anyone with information should call Crime Stoppers at 800-577-TIPS. ● METRO/LS

**NYPD. March**



► Reverend Jesse Jackson took part in a march against the New York Police Department's stop-and-frisk policy.

GETTY IMAGES

**Protest mars start of stop-and-frisk trial**

The Reverend Jesse Jackson and others marched near the Federal Court House in lower Manhattan on March 18 to draw attention to the city's stop-and-frisk policy. Hearings in a federal lawsuit filed by four men against the NYPD's stop-and-frisk tactic started this week and will run for the next several weeks.

The New York Civil Liberties Union reported on March 14 that the NYPD recorded its 5 millionth stop-and-frisk, according to analysis the NYCLU conducted on an "extrapolation of Police Department data." According to the information, 88 percent of those stopped did not result in an arrest or summons. ● METRO

**Killer describes Sarai Sierra's final moments**

The man wanted for the killing of a Staten Island mother while she was on vacation in the Turkish capital Istanbul earlier this year made his confession to police Monday and described his brutal actions in detail.

Sarai Sierra, 33, was taking pictures near railroad tracks on Jan. 21 when she encountered the accused killer, a vagrant known as Ziya T. The Staten Island wife and

mother of two tried to fight off her killer, according to the NY Post. At one point, Ziya T. picked up a

rock and hit her in the head. He left her to die. Turkish investigators have linked

DNA from Ziya T's relatives to matter from under Sierra's fingernails, the Post reports.

● LAURA SHIN

**In the news**

**CB8 nixes artists' request for rezoning**

Community Board 8 in Brooklyn has opted not to support a bid by a group of artists to convert a warehouse into a residen-

tial building, according to DNAinfo.com. The warehouse at 964 Dean St. was reportedly in foreclosure when the artists bought it so that they could stay in the area. CB8 based its denial on concern for preservation of character and affordable housing.

● DANIELLE TCHOLAKIAN

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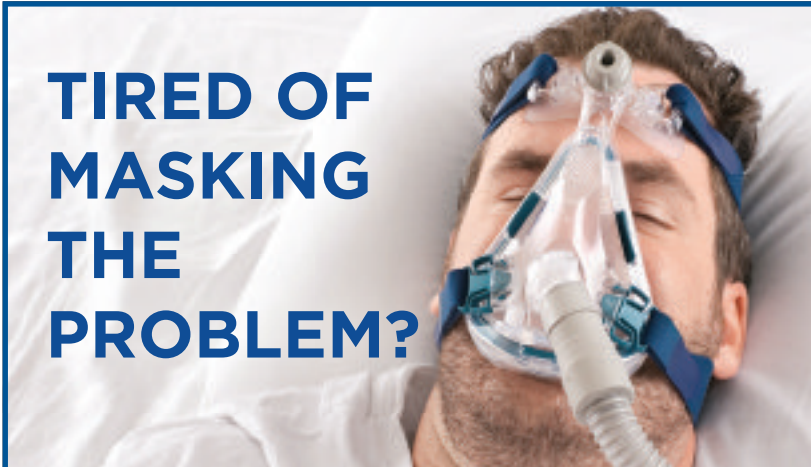
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# Bombs kill nearly 60 on Iraq invasion anniversary date

More than a dozen car bombs and suicide blasts tore through Shi'ite Muslim districts in the Iraqi capital Baghdad and other areas yesterday, killing nearly 60 people on the 10th anniversary of the U.S.-led invasion that ousted Saddam Hussein.

Sunni Islamist insurgents linked to al Qaeda are regaining ground in Iraq, invigorated by the war next door in Syria and have stepped up attacks on Shi'ite targets in an attempt to provoke a wider sectarian confrontation.

One car bomb exploded in a busy Baghdad market, three detonated in the Shi'ite district of Sadr City and another near the entrance of the heavily fortified Green Zone that sent a plume of dark smoke into the air along-side the River Tigris.

A suicide bomber in a truck attacked a police base in a Shi'ite town south of the capital, and another blew himself up inside a restaurant to target a police major in the northern city of Mosul.

The Iraq war began shortly before dawn in Baghdad on Thursday, March 20, 2003, with U.S. air strikes on the capital.

Shortly afterward,



► People look at the remains of a car bomb explosion near the fortified Green Zone in Baghdad yesterday.

## 10

**Years since the U.S.-led invasion that ousted Saddam Hussein began**

President George W. Bush, addressing Americans on television late on March 19 U.S. time, said the offensive was under way.

Now a decade after U.S. and Western troops swept Saddam from power, Iraq still struggles with insurgents, sectarian friction and political feuds among Shi'ite, Sunni and Kurdish factions who share power in the government of

Shi'ite Prime Minister Nuri al-Maliki.

In a sign of concern over security, the cabinet yesterday postponed local elections in two provinces, Anbar and Nineveh, for up to six months because of threats to electoral workers and violence there, according to Maliki's media adviser Ali al-Moussawi.

The polls will go ahead elsewhere on April 20.

No group claimed responsibility for yesterday's attacks, but Islamic State of Iraq, a wing of al Qaeda, has vowed to take back ground lost in its war with U.S. troops.

REUTERS

## In the news

### Nevada military depot blast kills seven Marines

An explosion at a U.S. Army munitions depot in the western Nevada desert killed seven Marines from Camp Lejeune, N.C., and injured seven more during a training exercise, U.S. military officials said yesterday.

Army and Marine officials said the cause of the Monday night blast was under investigation, but a military official who spoke on condition of anonymity said initial reports from



► 60mm mortar launcher

the scene indicated that a 60mm mortar round exploded prematurely in the tube of a mortar launcher.

The official said three Marines were killed instantly at the site.

REUTERS

### Sen. Rand Paul embraces comprehensive immigration reform

Rand Paul, a leading Republican, put his weight behind comprehensive immigration reform efforts that likely will include a pathway to citizenship for undocumented foreigners.

Paul delivered a speech to the U.S. Hispanic Chamber of Commerce in which he ridiculed the notion of deporting the 11 million undocumented people, many of whom have lived for decades in the United States and are raising families here.

REUTERS



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► General Pervez Musharraf, a staunch American ally after 9/11, spent more than four years in voluntary exile from his Pakistan homeland ► But now he plans to return to fight new elections

## Exclusive interview

# PERVEZ MUSHARRAF:

## 'I HAVE A DUTY TO RETURN TO MY COUNTRY'

► General Pervez Musharraf has been warned that if he returns to Pakistan, he will face arrest.

General Pervez Musharraf was the president of Pakistan, a leading American ally in the war on terror, from 2001-2008. He then voluntarily resigned before what many observers saw as politically motivated impeachment proceedings could be started against him, and went into self-imposed exile. But he has now declared his intention to return to Pakistan on March 24 to contest forthcoming presidential elections.

He was nominated for the Nobel Peace Prize in 2004 for his support on the war on terror and spoke strongly against Islamic terrorism in the wake of the 9/11 attacks on the United States.

He has been warned that if he returns to Pakistan he faces arrest warrants for allegedly failing to provide adequate security which led to the assassination of former Pakistani Prime Minister Benazir Bhutto.

But the General has told supporters of his All Pakistan Muslim League political party that he would improve Pakistan's economy and strengthen foreign investment in the country.

Here, in this exclusive interview, he speaks to Metro as he finalizes preparations to return to his homeland.

### What is ailing Pakistan at this time?

Terrorism, especially sectarian terrorism. Law and order has failed especially in places like Balochistan and Karachi. The economy has broken down and there is not enough eco-

nomic stability and jobs. That is the backbone of a stable country and it has broken down. Also, tensions with India remain.

### What do you want to accomplish by your return, and why go now?

Pakistan is a very large country and an important regional player. When I was president I wanted to achieve for Pakistan internal security and stability, regional peace, international acceptability and an improvement and amelioration within the Muslim world.

Internal stability would allow us to examine the welfare and well-being of the population. Why go back now? The elections are to be held in the next

few months according to the constitution and it is now or never for me. If I am not there to stand for election it will be another five years until I have a chance to do so. What are your chances of success?

If you listen to the commentators they will tell you that my party does not have the internal structure to fight an election. It is simply not true. We are established with organizations across the country and some major political players are just waiting for my return to offer their support. There are a number of people and organizations that I call floaters in Pakistan, and my return will bring hope to them and the chance to work to-

gether. Only I can do this. Many people are clamoring for me to return. I would say I have a 50/50 chance of success.

### Why are you taking this risk, which must also be physical?

After 9/11 I was resigned to personal risk on a daily basis. It was something that became part of my routine. Because I am ex-president of Pakistan, the authorities must provide me with some security when I return — but of course I also have my own arrangements. I have faith that life and death is out of my hands and I have a duty to return to my country to deal with its problems.

### There are legal charges against you in Pakistan, a

### residue of your presidency. How will you deal with this obstacle?

I will simply appeal to the judicial process. One has to have faith in the courts even though there is a history of judicial activism. I am 100 percent confident that these false, trumped-up and politically motivated charges against me will be thrown out.

### With significant U.S. troop withdrawals scheduled, how do you see the strategic situation in Afghanistan playing out over the next, say, three years?

If the U.S. and coalition forces leave lock stock and barrel then after 2014 I can see one of several things happening: a return to how Afghanistan was from

1986-1997, which was vicious tribal warfare — the various ethnic groups fighting each other — or the return of the Pushtun Taliban versus the Northern Alliance of minorities in Afghanistan.

If, however, the U.S. leaves some forces, with air and special forces support which is made available to the Afghan National Army, I can foresee a situation remaining as it is now — not a win and not a loss with the Taliban held at bay.

Otherwise I can see a proxy war being fought in Afghanistan between India and Pakistan. India is active in Afghanistan trying to create an active anti-Pakistan country. Pakistan is logically doing all it can to stop this.

### With both U.S. and Israeli military strikes possible, Iran and its nuclear program have been frequently in the news. Pakistan shares a border with Iran. Why should Pakistan be allowed to keep the nuclear weapons it possesses, when Iran, its neighbor, should not?

You cannot compare the two. Pakistan developed nonconventional weapons as a deterrent, as purely a defensive measure. Pakistan faces an existential threat: India. We have fought three wars with India since independence in 1947.

We are the two giants in the region, and it is important that war between us should become unthinkable — which is why we justify our nuclear capability.

Iran has no such similar reason for having nuclear weapons. There is no similar existential threat to Iran as there is to Pakistan, so they cannot want a nuclear program for defensive reasons. ● TONY METCALF/METRO

## Q&A

**What are the causes of the deterioration in relations between Pakistan and the United States? What could you do to improve them?**

I had good relations with George W. Bush to the extent that I could call him up at any time to discuss problems or make suggestions. I believe that trust has been lost somewhat. Pakistan and



the U.S. need to restore that level of honesty and trust as Pakistan is such an influence in the region. There needs to be open dialogue, and we

need to be honest and transparent with each other once again.

**Previously, you were Pakistan's chief execu-**

**tive. What would you do differently?**

The question presumes that there are many things I would do differently. Not necessarily. When I was president, the internal security situation was far more stable than it is now. The economy was growing and there was jobs for the people. Prices were stable and we had consistent gas and electricity supplies and prices. We were able to focus on the



► Musharraf supporters in Pakistan, 2012

welfare of the people, internally. So far as our relationships with India ... I would seek to restart the process of rapprochement I had begun when I was president. We could have signed treaties on

two of the major issues that divided us and were working towards a solution in Kashmir, but these opportunities arise, but do not always stay. If they are missed they can be gone. I would try again with India. We are the two biggest countries in the region. We could deliver a huge boost to regional security, stability and economy if we could settle our differences and that is what I would try to do.

ALL PHOTOS: GETTY IMAGES



## In the news

## Stuntman plans to cross Grand Canyon

Aerialist Nik Wallenda plans to cross the Grand Canyon in June on a tightrope 1,500 feet in the air, without a safety harness — a feat that will be televised live. Wallenda said he would traverse a remote section of canyon in what will be his first major stunt since he last year became the only person to walk a wire over the brink of Niagara Falls. Wallenda, a seventh-generation member of the "Flying Wallendas" acrobat family, said the

TIM BOYLES/GETTY IMAGES



▶ Wallenda at 200 feet

tightrope walk is higher than he has ever attempted. **REUTERS**

## Report: Microsoft probed over bribes

Microsoft Corp. said yesterday it takes seriously any allegations of misconduct, after a report that the Department of Justice is investigating potential bribery by Microsoft employees in China, Romania and Italy. The Wall Street Journal reported that Microsoft was the subject of probes by both the Justice Department and SEC over tips from a former Microsoft employee that the company handed kickbacks to foreign government officials in return for software contracts. **REUTERS**

1.5K

Both the height and length, in feet, of Wallenda's proposed Grand Canyon feat

## Pope sets humble tone emphasizing the weak

Pope Francis set the tone for a new, humbler papacy at his inaugural Mass yesterday where he called for the Church to defend the weak and protect the environment.

Addressing 200,000 people gathered in St. Peter's Square, the Argentine pope underlined his central message since he was elected by a secret conclave of cardinals last Wednesday — that the Church's mission was to defend the poor and disadvantaged. The Mass, formally installing Francis as pope, was much simpler and an hour shorter than the baroque splendor of his predecessor Benedict's inauguration in 2005.

Although he is as conservative doctrinally as Benedict, Francis's simpler style and emphasis on the poor marked a sea change from his predecessor that has been widely welcomed by Catholics. **REUTERS**



GETTY IMAGES

▶ After days of rain, the sun shone down on St. Peter's Square for Pope Francis' Inaugural Mass yesterday.

## Quoted

"[The Church's mission] means protecting people, showing loving concern for each and every person, especially children, the elderly [and] those in need, who are often the last we think about."

POPE FRANCIS

## News in brief

## Judge OKs Twinkies, Ding Dongs sale

Twinkies, Ding Dongs and Wonder Bread may soon be back in stores after a bankruptcy court judge on Tuesday approved sales of several iconic brands that had been owned by the failed Hostess Brands Inc. Buyout firms Apollo Global Management and Metropoulos & Co. teamed up for Hostess' snack cake brands, paying \$410 million for Twinkies, Ho Hos, Ding Dongs and Donettes.

Flowers Food Inc., which makes Tastykakes snacks, picked up most of Hostess's bread business, including its Wonder and Nature's Pride brands for \$360 million. **REUTERS**



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myentertainment

# THE WORD



Dorothy Robinson's take on the world of gossip [@dorothyatmetro](#) [dorothy.robinson@metro.us](mailto:dorothy.robinson@metro.us)

## Who is the father of the King of Pop's kids?

For years, I've gazed upon the children of **Michael Jackson** and wondered: "Are they really his kids?" What trips me up is that they kind of look like him, but only after he underwent his radical plastic surgery. But we can't forget that if Jackson were still alive and "unadulterated," he would resemble **Tito** instead of **La Toya**. I guess what I'm trying to clumsily say is that even with a white mother, **Blanket**, **Paris** and **Prince** should look more like a young Michael and a lot less like the crypt-keeper he became. Also, holy cats: What

a crazy family.

Anyway, it's looking more and more like MJ is not the father of his children (I knew it! Kind of!). According to TMZ, in their nasty wrongful death lawsuit against AEG Live, his family members are asking to exclude any evidence of the true paternity of Jackson's children. (**Katharine Jackson** and **Blanket**, **Paris** and **Prince** are suing the entertainment giant for \$40 billion for the negligent hiring and supervision of **Dr. Conrad Murray** during preparation for Jackson's "This Is It" tour.)

I'm unsure why the paternity would be entered into evidence — I'm far from a legal scholar — but the fact that the Jackson family is trying to block this is telling. Also, if the Jacksons do prevail against AEG, I hope they use some of those billions for therapy for those poor kids. Because even the best therapist in the land (**Dr. Phil**, naturally) cannot go there.



Michael Jackson



From left are Paris and Prince Jackson.

Yes, something is seriously fishy, Blanket.

### The feed ...

► **Checking in with some of Hollywood's biggest names to see what they've been up to — in 140 characters or fewer.**

Today, Ricky Martin wants you to just do it, Michelle Trachtenberg has some big plans and Mark Duplass feels bittersweet about the march of technology.

**@ricky\_martin** sometimes you just have to stop thinking so much and simply go with your heart. PERIOD. Have an awesome day every1!

**@RealMichelleT** I'm off to play some dragons

**@MarkDuplass** I kinda miss walking around the video store in a state of utter confusion.

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# Lisa Loeb has decided to 'Stay'

► The singer's career is 'No Fairy Tale,' but the singer is happy to wax nostalgic about the 1990s

With that all-American smile and those sexy secretary glasses, Lisa Loeb still looks like the smart-cute girl who burst onto the music scene almost two decades ago with her hit song "Stay (I Missed You)." Loeb's winter-released seventh album "No Fairy Tale" finds her reminiscing on a song called "The '90s."

"I'm very nostalgic about the '90s," says Loeb. "Chad Gilbert, who co-produced and instigated this project, wanted me to write [the] song. At first, I was hesitant because I didn't want to write something that was kitschy and cute. Then when I started thinking about it, the '90s was particularly exciting

because that's when I started to become successful as a musician."

Loeb also used the song to correct a misconception that pigeonholed her as a solo folky-pop singer-songwriter.

"I decided to write about making my video for 'Stay,'" she says. "That kick-started the commercial side of my career, but I didn't get to play with my band. The video was really cool. Ethan Hawke directed it, and Ethan's vision for a one-take video was much stronger than me getting to show everybody my rock band. For years, I always felt I had to prove myself: 'I play with a band, I'm not just a solo singer

who walks around my studio apartment. I'm not a folk singer, I'm a lot of other things."

"No Fairy Tale" is very much a collaborative album. Loeb produced it with Gilbert (of New Found Glory), and guests include Tegan and Sara, Hello Goodbye and Morgan Taylor. Despite the girly title, Loeb says the album has a serious side.

"It really means that life is better than a fairy tale," Loeb says. "Living the ups and downs of life is richer than the 'perfect' life that people associate with fairy tales on a surface level of princes and princesses. Life is supposed to be better than that."

## If you go

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## Yeah, I missed you

Some might think this is a return to the spotlight, but Loeb has been keeping busy long since the success of "Stay."

"I've had radio DJs who are like, 'Well where have you been? You disappeared there,'" she says. "I'm like, 'Actually, I was just in San Francisco playing with my band, and then the year before that I was there for a kids' book festival' — the list goes on and on."

But, she adds, "I don't take things as personally as I used to. I remember I was being interviewed in Amsterdam or Austria and somebody was like, 'What have you been doing?' I'm like, 'I just put a record out, that's why I'm here. Do you know what it takes to put a record out and tour the world?' It used to be annoying, but now I just don't waste time being annoyed by it."

● MEREDITH ENGEL

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# Keeping the cleanest

- ▶ Actress Drew Barrymore washes her face at least three times a day to stave off breakouts
- ▶ We take a peek inside of her makeup bag

Drew Barrymore's new makeup line, FLOWER, is made up of BB creams, eyeshadows, mascaras, bronzers and lipsticks with trippy, hippie names like "Camelia Charm" and "Awesome Blossom." "I've been in a makeup chair my whole life playing with every product, from prestige to budget. But I think every woman should be able to afford a more inexpensive experience," she says. And with 181 products to choose from, all priced between \$5 and \$14, you can take your pick. She shares her beauty wisdom with us.



Romina McGuinness  
METRO WORLD NEWS

### Barrymore's daily beauty routine

"I wash my face three or four times a day. And I'm being conservative with the estimate! I like to keep my skin clean, because if I let it get dirty I can get breakouts. When you're in film or fashion, you have to wear makeup for up to 16 hours a day. So when I have time off in my real life, I wash obsessively."

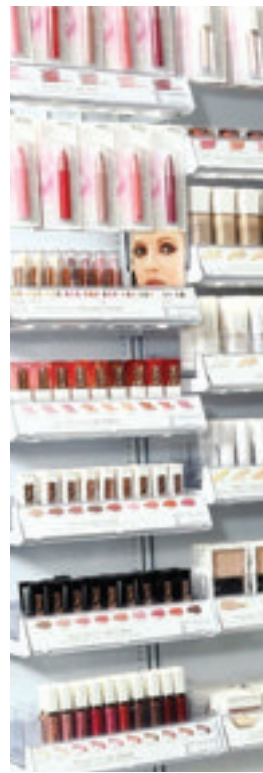
### Her sleepless nights with baby Olive

"I'm definitely going to search more rapidly for a dark-circle corrector. I caught a glimpse of myself in the mirror the other day, and I couldn't believe

what I saw. It was just a fast glimpse so I went back and was like, 'No, yeah. I did see that!' I looked like I'd gotten punched. But in a weird way, it made me happy. At least these dark circles mean I'm a new mom as opposed to other reasons."

### Her ongoing search for "the one"

"I'm still searching for 'the one' when it comes to the best skin-care product. I play around a lot. I would love to curate a skin line for people like me, who want the benefits of the intense stuff without the negatives of the strength, because my face doesn't react well to it."



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A copy of a description of the proposed corporate structures summarized above may be viewed at The Department of Information Technology and Telecommunications, 2 Metrotech Center, 4th Floor, Brooklyn, New York 11201, commencing March 15, 2013 through Monday April 8, 2013, between the hours of 9:30 AM and 3:30 PM, excluding Saturdays, Sundays and holidays. Hard copies of the proposed corporate structure description may be obtained, by appointment, at a cost of \$25 per page. All payments shall be made at the time of pickup by check or money order made payable to the New York City Department of Finance. The proposed corporate structures may also be obtained in PDF form at no cost, by email request. Interested parties should contact Roxanne Chambers at 212-788-6610 or by email at RChambers@doit.nyc.gov.

NOTE: Individuals requesting sign language interpreters at the public hearing should contact the Mayor's Office of Contract Services, Public Hearing Unit, 253 Broadway, 9th Floor, New York, New York 10007, (212) 788-7490, no later than SEVEN (7) BUSINESS DAYS PRIOR TO THE PUBLIC HEARING. TDD users should call Verizon relay service.

The Hearing may be cablecast on NYCMedia channels.



# face in Hollywood

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► Drew Barrymore's new makeup launch, FLOWER, is available exclusively at Wal-Mart ([www.walmart.com/flower](http://www.walmart.com/flower)).

## Inside her makeup bag

"My makeup bag changes from week to week," Barrymore says. "I like putting different combinations together." Right now, she's using the following:

1. FLOWER Color Play Creme Eyeshadow in Orchid-ing Around: "It's got this wonderful gray-ish, purple, smokey hue to it. I'm mad about it. All you need is one swipe and you're done." \$8, [www.walmart.com](http://www.walmart.com)
2. Shu Uemura eyelash curlers and Tweezerman Slant Tweezers: "I definitely still rock the good



old Shu Uemura curler (\$20, [www.shuuemura-usa.com](http://www.shuuemura-usa.com)) and Tweezerman tweezers (\$22, [www.tweezerman.com](http://www.tweezerman.com))."

3. FLOWER Extreme Measures Lengthening Mascara in Brown: "I'm in a brown mood. This mascara has a gorgeous mocha color to it. It looks rather light on the wand, but once you put it on it does everything you'd want a dark mascara to do!" \$7, [www.walmart.com](http://www.walmart.com)



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## CONTENTS

- Complete the 2013 NYC School Survey
- Software Engineering Pilot
- Citywide ELL Parent Conference: Dream, Believe, Succeed
- Talk with Your Child about the Common Core
- Apply to NYC Summer Quest
- Attend a Parent Academy Workshop
- Pre-Kindergarten Enrollment
- Stay Connected
- March-April Calendar

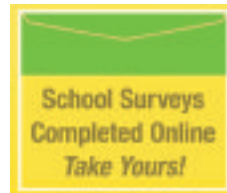


## Complete the 2013 NYC School Survey

Do you have an opinion about the quality of your child's public school? Make your opinion known by completing the seventh annual New York City School Survey by April 12. The survey, among the largest in the nation, gathers feedback from parents, teachers, and students in grades 6 through 12 about their school's learning environment. For example, the survey measures how satisfied

parents are with the education their child is receiving, their child's safety in school, and how the school communicates with them.

Last year, a record 967,009 parents, teachers, and students participated in the survey.



Results will be published this summer and make up 10 to 15 percent of the grade each school receives on its Progress Report; the Progress Report measures a school's success in enhancing student learning during the previous school year. Survey results also help schools determine where they need to make improvements.

Parents of students in all grades have started to receive paper surveys in bright green envelopes either in their children's backpacks or at school events. Parents can also complete the survey online at [nycschoolssurvey.org](http://nycschoolssurvey.org). Students will receive and complete their surveys in school, while teachers will complete theirs online. Parent and student surveys are available in 10 languages: Arabic, Bengali, Chinese, English, French, Haitian Creole, Korean, Russian, Spanish, and Urdu.

"Participation in the School Survey is vitally important since it provides each of our school communities with the opportunity to offer meaningful feedback on their school," said Schools Chancellor Dennis M. Walcott. "I encourage all of our parents, teachers, and students to fill out and submit the survey by April 12."

## Citywide ELL Parent Conference: Dream, Believe, Succeed!

Parents and guardians of English Language Learners (ELLs) and former ELLs in New York City public schools are invited to this year's 10th annual citywide parent conference, Creating Pathways to College: Dream, Believe, Succeed! The conference features panels, workshops, presentations by educational publishers, and more. Translation services, breakfast and lunch, and MetroCards will be provided.

The conference takes place Wednesday,

May 15, 2013, from 9:00 a.m. to 2:00 p.m., at the Jacob K. Javits Center in Manhattan (11th Avenue between West 34 and 38 Streets). It is sponsored by the Division of Students with Disabilities and

English Language Learners, the Division of Family and Community Engagement, the Translation and Interpretation Unit, Every Person Influences Children, and Learning Leaders.

***For the registration flyer in English and nine other languages, search NYC.gov for OELL Parent Conference.***

***For more information, see your school's parent coordinator, or call 311.***

## Software Engineering Pilot to Begin this Fall

This fall, 20 New York City public middle and high schools will offer a year-long computer science and software engineering course to their students. Topics include computer programming, web design, e-textiles, embedded electronics, robotics, and mobile app development. The course is part of New York City's Software Engineering Pilot, announced by Mayor Michael R. Bloomberg and Schools Chancellor Dennis M. Walcott in February.

Two thousand

students will kick off this program. It is expected to grow to 6,000 students by 2016.

***For more information, search NYC.gov for Software Engineering Pilot.***

"This groundbreaking program will ensure that more students receive computer science and software engineering instruction so that they can compete for the tech jobs that are increasingly

becoming a part of our city's economy," said Mayor Bloomberg.

The pilot aligns to the Common Core Learning Standards by developing students' critical-thinking skills. It also builds on the Applied Sciences NYC initiative that the Mayor launched to take advantage of the huge growth in the city's science and technology fields. Jobs in New York City's technology sector grew by nearly 30 percent between 2005 and 2010. The field should continue to grow for the next several years.



# Talking with Your Child about the Common Core Standards and Changing State Tests

Students from pre-kindergarten through twelfth grade are now taking classes aligned to the Common Core Learning Standards. You may have noticed that your child's course work and assignments are more challenging. This spring, for the first time, State English language arts and math tests for students in grades three to eight will reflect the new standards. These tests may be harder than exams students have taken in the past. Speak with your child over the next few weeks about the Common Core and changes in his or her classroom. Here are some things to think about before you talk with your child:



## What should I say to my child about the new standards?

- Begin by asking your child about what he or she is doing in school. What subjects or assignments are most interesting? Which ones seem harder this year? What feels different from the work she has done in the past?
- Let your child know that all students in New York City are being challenged this year to complete more difficult work in class. The work is getting harder because it is intended to prepare students to be successful in college and careers.
- Let your child know that when he faces school work that seems really hard, it is important to keep trying and not give up. Reassure him that it is okay to struggle and that you believe he can rise to this challenge. By continuing to work hard, he will be prepared to do this more difficult work and be successful in life.
- If your child is still learning English, tell

her that her teachers will support her to learn English as well as the content so that she is ready for the new tests.

## How can I help my child do his or her best on test day?

- Acknowledge that taking tests makes a lot of students feel anxious. Ask your child how he feels about taking the tests and listen to his concerns.
- Make sure your child has a healthy dinner and a good night's sleep the night before the test and a nutritious breakfast that morning.
- If your child has an Individualized Educational Plan (IEP) that includes testing accommodations, reassure your child that the accommodations will be in place to help her succeed.
- Tell your child that if he feels nervous during the test, he should remember that you believe in him and that you know he can take on this challenge.

## What should I say to my child after the tests?

- Ask your child how she thought the tests went. Ask which types of questions were easy, which were difficult, and why. Use questions like, "What did you learn?" "What surprised you?" "Was any of it tricky to read?"
- Share what you learn through this conversation with your child's teachers. Ask how you can continue to help your child at home.
- Remind your child that the tests are meant to help his teachers support his learning, and that you will also support him.
- If the test results, combined with your child's class work, demonstrate that your child needs extra help, reassure your child that you will work with her school to come up with a plan to get her the support she needs to be successful.

### Grade 4 English Language Arts: Sample 2012-13 Common Core-aligned NY State Test Question

The myth and the article you just read both provide explanations for why evergreen trees keep their leaves in winter. How are the explanations similar and different? Use specific examples from the myth and the article to support your answer.

#### In your response be sure to include the following:

- describe what the myth says about why evergreen trees keep their leaves in winter
- describe what the article says about why evergreen trees keep their leaves in winter
- compare and contrast the two explanations
- include details from both the myth and the article to support your answer

### Grade 4 Math: Sample 2012-13 Common Core-aligned NY State Test Question

Candy wants to buy herself a new bicycle that costs \$240. Candy has already saved \$32, but she needs to make a plan so she can save the rest of the money she needs. She decides to save the same amount of money,  $x$  dollars, each month for the next four months.

**Part A:** Write an equation that helps Candy determine the amount of money she must save each month.

**Part B:** Solve the equation to find the amount of money she must save each month to meet her goal of buying a bicycle.

Show your work.

For answers and more sample test questions, search NYC.gov for Common Core Parent Resources.

**Expect Success:** *Preparing students for college and careers*

## Apply to NYC Summer Quest

NYC Summer Quest is a free, five-week, full day summer learning program that provides students with fun and new enrichment experiences while strengthening their academic skills. The following Bronx schools and community-based partners have been selected to offer the program this summer:



- P.S. 5 Port Morris/LEAP (Learning through an Expanded Arts Program)
- P.S. 154 Jonathan D. Hyatt/YMCA of Greater New York - Bronx
- P.S. 179/BELL (Building Educated Leaders for Life)
- P.S. 63 Author's Academy/BELL
- P.S./I.S. 218 Rafael Hernandez Dual Language Magnet School/BELL
- C.S. 211/Children's Aid Society
- C.S. 300 School of Science and Applied Learning/Good Shepherd Services
- J.H.S. 162 Lola Rodriguez de Tio/Oasis Children's Services
- South Bronx Academy for Applied Media/Partnership with Children
- Urban Assembly School for Applied Math and Science/Wingspan Arts
- I.S. 313 School of Leadership Development/Oasis Children's Services

If your child attends one of the schools listed above, contact your school principal or parent coordinator to learn more and to apply.

## Stay Connected

Is today a school holiday or snow day? When are parent-teacher conferences? When is the deadline to register for high school entrance exams? New York City public school families can now stay informed by receiving text messages in English or Spanish throughout the school year. Text "nycschools" or "escuela" to 877-877 to receive school-related information, including calendar updates, reminders and tips on how to access school resources.

Message and data rates may apply. Reply **STOP** to opt-out. Terms and Privacy: [help.mcommons.com/877877](http://help.mcommons.com/877877). We'll text approximately 4 times per month.

## NYC Parent Academy Workshops

The NYC Parent Academy is dedicated to strengthening parent involvement to support student achievement in the City's 1,700 schools.

Attend one of the NYC Parent Academy's upcoming borough-wide workshops:



### SAT., MARCH. 23

9:00 a.m.-1:00 p.m.

*Breakfast is served at 8:30 a.m.*

P.S.156/I.S.392  
Waverly School of the Arts  
104 Sutter Avenue,  
Brooklyn

### SAT., APR. 6

9:00 a.m.-1:00 p.m.

*Breakfast is served at 8:30 a.m.*

Young Women's Leadership School  
150-91 87th Road,  
Queens

### MON., MAY. 13

9:00 a.m.-1:00 p.m.

*Breakfast is served at 8:30 a.m.*

Museum of Natural History  
200 Central  
Park West,  
Manhattan

For more information, visit [nycparentacademy.org](http://nycparentacademy.org).

## Become a Parent Leader

## Serve on a Community or Citywide Education Council

Apply through March 27 at [www.nycparentleaders.org](http://www.nycparentleaders.org).

## Pre-Kindergarten: Opportunity Starts Here

If you have a child born in 2009 who lives in New York City, it's time to apply for pre-kindergarten for the 2013-14 school year. The Department of Education offers nearly 1,500 free pre-k programs at public elementary schools and community-based organizations throughout the five boroughs. This fall, the Department is adding 4,000 full-day pre-k seats in high need areas. The new options will be in public schools and community-based organizations.

The benefits of high-quality early childhood education are clear. Children who attend the City's free pre-k programs do better academically through elementary school.

Pre-k programs prepare

children for school by focusing on skills and knowledge they need to succeed in K-12 and beyond. Instruction in all settings is based on the pre-k Common Core Learning Standards.

The application deadline for public schools is April 5. Families will be notified in early June about public school placements. Community-based programs have their own admissions criteria and application process. To learn more about your options and the pre-k admissions process for public schools and community-based organizations, search NYC.gov for Pre-k, call 311, or text "prek" to 877-877.



## NYC Public Schools Calendar: March-April

**MON., MAR. 25-  
TUES., APR. 2**

Spring Recess  
Schools Closed

**WED., APR. 10**

No classes for pre-kindergarten students



# Get caught up in the Red Storm's workout

"Basketball performance is more than lacing up the shoes and dunking a ball in transition," says Patrick Dixon, the head strength and conditioning coach for men's and women's basketball at St. John's University. "There are countless hours spent in

the off-season laying the foundation for what the body will encounter during a game and over the course of a season."

Even though St. John's won't be a part of this year's March Madness tourney (they lost to Villanova in the second

round of the Big East tournament on March 13), the team has impressed New Yorkers over the years with its winning ways. We had Dixon show us some of the moves he has his players do, all of which can be done on a basketball court or at the gym.

## Quoted

**"When I design a workout, I am constantly thinking about the stresses a player will encounter: How can I prepare a player for the demands of the season?"** DIXON

## Split Squat

*This strengthens the quad and hip as well as adds a balance and stability component for the ankle.*

**How:** Standing upright, take one leg and place it in an elevated position behind you. Then bend your front leg until your femur is parallel to the ground. Make sure that your front knee always stays over your shoelaces and that your hips are squared.

**Tricks:** If your knee goes in front of your toes, lengthen your stance or sit back more while staying upright.

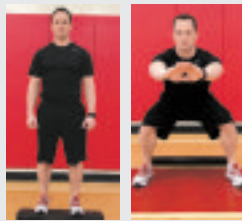


## Depth Jump

*This prepares your knees and lower body to handle repeated jumps, and it increases knee stability.*

**How:** Start in an elevated position 3 to 6 inches off the ground with your feet hip-width apart. Bunny-hop off the edge and as you drop, transition your feet to just outside your shoulders and absorb the impact with your quads. Allow your knees to bend so you end up in a squat position. The trick is to keep your chest upright

and allow your legs and hips to do all the work. **Tricks:** Think of your body as a shock absorber so that rather than fighting the landing, you welcome it. Keep your feet flat and work on your balance as well.



## Push-Up

*This upper-body exercise doesn't require equipment and can be done anywhere.*

**How:** Lying flat on your stomach with hands placed just outside your shoulders, push against the floor to lift your body. The trick here is to suck your belly button in so that your core stays engaged and your entire body moves like stiff board. Your

elbows should bend and follow a 45-degree arc between your side and arm. If you move your arms close to your body, your triceps do more work. If you elevate your elbows more toward your shoulders, it works your deltoids more. **Trick:** If push-ups are too difficult, try placing your hands on an elevated bench to put more weight on your feet.

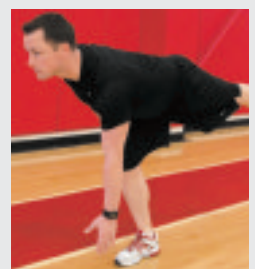


## Single-Leg Dead Lift

*This move strengthens the hamstrings and glutes as well as adds a balance and stability component.*

**How:** Standing in place, lean forward and reach an arm down to your opposite toe while hinging from the hip and simultaneously raising the opposite leg. As you move, there should be a straight line between your shoulder and the heel that is moving. **Tricks:** Squeeze your butt cheeks together. All of the movement should come

from your hips. Also, make sure that your hips stay straight and level. Think of them as a door hinge.



**Meredith Engel**  
meredith.engel@metro.us

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# Help for sleepless nights

## The Doctor Will See You Now



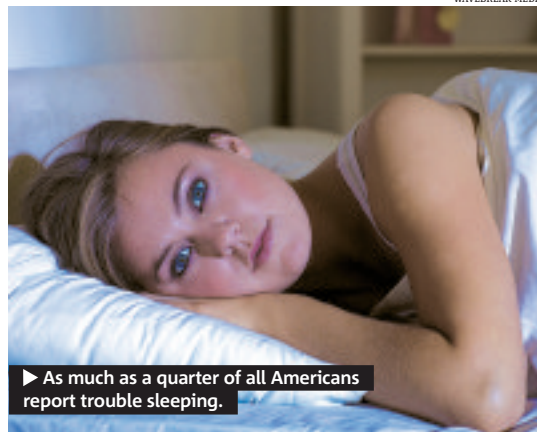
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*I am exhausted all the time  
and have trouble falling  
asleep. What can I do about  
insomnia?*

**S**tart the process by taking an inventory of what seems to be interfering with your sleep. Do you drink three cups of coffee daily? Do you eat dinner after 8 p.m.? Is it noisy in your room? Too hot or too cold? Are you taking a decongestant for a cold, making your heart race? Do you or your partner snore? Are you under stress at work? Attempts to modify circumstances within your control may yield immediate results.

Prepare for sleep by



► As much as a quarter of all Americans report trouble sleeping.

adapting rituals that will allow you to unwind from your day. Get regular exercise. Resist taking naps if you have insomnia (if you don't, they're OK). Take a warm bath or shower, drink some herbal tea or warm milk and read a few chapters of a book. As hard as it may sound, try to go to sleep and wake up at the same time every day.

You can also adapt your environment to make conditions for sleeping opti-

mal. Try different pillows and linens until you find ones you like. Keep the room cool, dark and quiet. Get all electronics out of the bedroom. Take an over-the-counter analgesic like acetaminophen (like Tylenol) or ibuprofen (like Advil or Motrin) to relieve any musculoskeletal pain or a headache, and avoid stimulants like nicotine, caffeine and alcohol late in the day. All of these things influence sleep quality.

If you've altered your rituals and environment but are still having trouble, it may be time to consult a physician.

Over-the-counter sleeping pills generally make use of the "drowsy" side effects of antihistamines, and may make you hung over the next day or exacerbate underlying conditions contributing to your insomnia. Your doctor can better assess the risks and benefits of various prescription sleep aids. He or she could also check for any underlying conditions that might be contributing to your insomnia. A doctor can also recommend mental health counseling, if applicable, for any stressful circumstances beyond your immediate control.

— Mark Melrose, DO, is a board-certified emergency physician at Urgent Care Manhattan. Email him your questions at askdrmark@metro.us.

Metro does not endorse the opinions of the author.

## Possible causes of insomnia

Determining the cause of insomnia and finding an appropriate solution or treatment requires a systematic approach that takes into account various potential contributing factors. Some sleep

disturbances can interfere with falling asleep, while others may affect staying asleep. These include:

- **Stress:** emotional and physical, like pain due to injury or illness
- **Physical conditions:** mattress, pillows, sleeping partner

► **Environmental factors:** noise, temperature, darkness

► **Food and medication side effects:** caffeine, nicotine, diet, alcohol, cold and allergy remedies, blood pressure pills, hormones

► **Changes in sleep schedule:** jet lag or overnight-shift work



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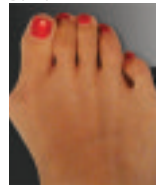
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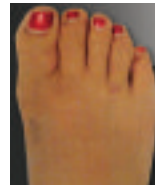
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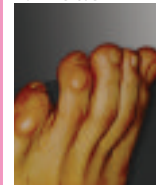
Before

After

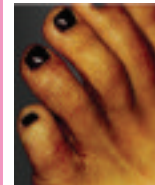


After

Hammertoe



Before



After

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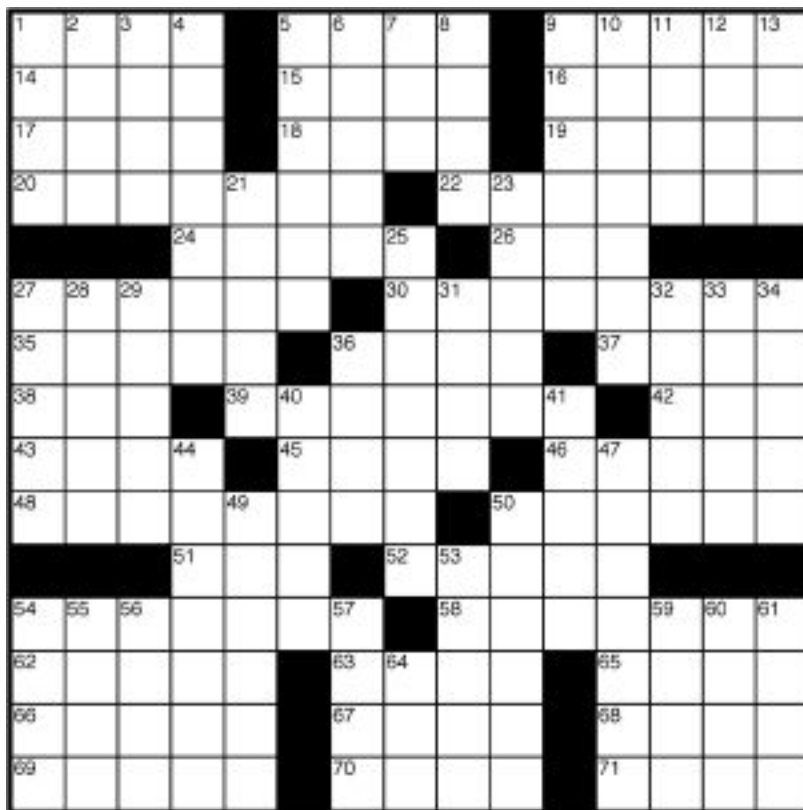


## Across

1 Double over  
5 Minnesota baseballer  
9 Zingers  
14 Fencing weapon  
15 Russo of "Tin Cup"  
16 Not abridged  
17 Like Beethoven  
18 Broad-antlered deer  
19 — against time  
20 Yells  
22 Positions of power  
24 Maui hello  
26 E. Coast ocean  
27 Happy loser  
30 Like fireworks  
35 Top invitees (hyph.)  
36 Concert proceeds  
37 Follow the recipe  
38 Oversize  
39 Capably  
42 Stone Age tool  
43 Cheerleading yells  
45 Pretentious  
46 Stan's partner  
48 Play middle, maybe  
(2 wds.)  
50 Approved  
51 Caviar, actually  
52 Less moist  
54 Press statement  
58 Open  
62 Exonerate  
63 Compare notes  
65 Deep mud  
66 Luxury furs  
67 To — (exactly)  
68 Glimmering  
69 Outmoded  
70 Cheryl or Alan  
71 Ogled

## Down

1 G-men  
2 Sheik's cartel  
3 Limerick writer  
4 Vanquishes  
5 Mild quake  
6 — corgi  
7 Shirt-pocket stain  
8 Aerie  
9 Hard rock  
10 Winds off



11 Little Engine's words  
(2 wds.)

12 Brownish-purple  
13 Fr. holy women  
21 Queen of the  
Misty Isles  
23 Greenish-brown  
25 Got used to  
27 "Abra-Ca- —"  
28 Near the pelvis  
29 Two cubed

31 ABA mem.  
32 Neighbor of  
Austria  
33 Undeliverable mail  
34 Gold fever  
36 "Runaway Bride" groom  
40 Is bold enough  
41 Rustic  
44 Lightning flashes  
47 Oater town  
49 Husky-voiced

50 Aped a pig  
53 Decreed  
54 Sgt. Preston's group  
55 Charles Lamb  
56 Hubble component  
57 Footnote abbr.  
(2 wds.)  
59 Not messy  
60 Hudson Bay tribe  
61 Part of a pin  
64 — — disadvantage

## Horoscope

♊ Pisces **Feb. 20-March 20.** Be extremely careful with whom you have a serious discussion. There's no point in crossing swords with someone who you know has a bad temper.  
♈ Aries **March 21-April 19.** If you don't want to be disappointed, don't allow your expectations to exceed reality. It's OK to expect a lot from yourself, as long as what you hope to achieve is pragmatic.  
♉ Taurus **April 20-May 20.** When working with others, your tolerance could be put to the test — so try to stay calm. You'll regret it if you break down and lose your cool.  
♊ Gemini **May 21-June 20.** Having an abundance of energy might cause you to take on far

more than is feasible, but you should take things one step at a time. Do what you can, but let others pitch in as well.  
♋ Cancer **June 21-July 22.** It wouldn't hurt to be more thick-skinned than usual, especially if you find yourself working with someone who tries your patience. Keep your wits about you.  
♌ Leo **July 23-Aug. 22.** Goals that are important to you might not hold the same weight with your co-workers. Having different priorities could cause problems for everyone.  
♍ Virgo **Aug. 23-Sept. 22.** Relationships should be pleasant, as long as you don't impose your will on your companions. Being too demanding could spoil things quickly.  
♎ Libra **Sept. 23-Oct. 23.** Although you can be a good

worker, you can also lose steam easily. Should your interest wane, regardless of how little there is left to do, you could walk off the job without hesitation.  
♏ Scorpio **Oct. 24-Nov. 22.** As long as both you and your mate are thinking "we" instead of "I," you'll remain in harmony with each other. When it comes to any relationship, concordance is essential.  
♐ Sagittarius **Nov. 23-Dec. 21.** A heavier workload than usual might be dumped in your lap. However, as long as you tackle it with determination you'll end up feeling proud of your achievement.  
♑ Capricorn **Dec. 22-Jan. 19.** Even though you'll have no trouble protecting your own interests, you're not likely to be as conscientious about the con-

cerns of others. It won't help your image.  
♒ Aquarius **Jan. 20-Feb. 19.** Timing is generally important in fulfilling your objectives, and today will be no different. If you're out of sync with others, it's likely to dilute your achievements. **BERNICE BEDE OSOL**

## Solution to yesterday's crossword



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## Letters

## Loud iPods create bitter, not sweet, symphony

In our Age of Entitlement, we seem to have forgotten that the rights of an individual should not outweigh the rights of the majority. And so let's insist that subways post on trains and buses that if passengers insist on playing loud music and video games, the volumes of headsets need to be turned down to a level where they don't disturb the peaceful ride of others sitting 20 feet away from them. A symphony of iPods blasting several different beats and melodies on one train car is ambient noise most of us wish not to be exposed to.

PATRICIA LOVE, VIA E-MAIL

## Lower the barricades there, Robespierre

Many letter-writers like to complain about "tax cuts for the rich" and "tax breaks for the rich." However, it is all fiction. The vast majority of the Bush tax cuts were for the middle class, and these were extended while the similar breaks for higher earners were not extend-

ed. Also, virtually all special tax breaks available under the code, such as breaks for children, tuition and retirement, are available only to the middle class. Other deductions are phased out for high-earners. Let's get facts straight before attempts at class warfare. **WALTER BRANSON, VIA E-MAIL**

## President just can't take the money and run

**RE: "SOMEONE'S POUTING, BUT IT'S NOT OBAMA" (METRO, MARCH 19)** Your anti-GOP letter writers were misleading on several fronts concerning the sequester. Mr. Connell, the reduction in expenditures is well below 10 percent. In fact, it is only a cut in D.C.-speak (i.e., a cut from a planned increase). Actual spending is still higher than last year and much Mr. LaRosa, Medicare is headed for bankruptcy. Republicans want to make small adjustments now to prevent catastrophic ones later. A 100 percent tax rate on the rich wouldn't pay for the spendaholic-in-chief's proposals. There'd be a lot more money available in the Secret Service budget if Obama would negotiate with the GOP instead of flying around the country complaining that they don't want yet another trillion-dollar tax increase.

JIM FLETCHER, VIA E-MAIL

## SUDOKU: HARD

8	6		4	3			5
		3		8			
				6			
2		5	3			1	
4	3		2	1		8	6
	1			4	5		2
			6				
			7		9		
3			9	5		7	1

Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

E-mail your letters:  
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Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact information.

# RANGERS ROLLING

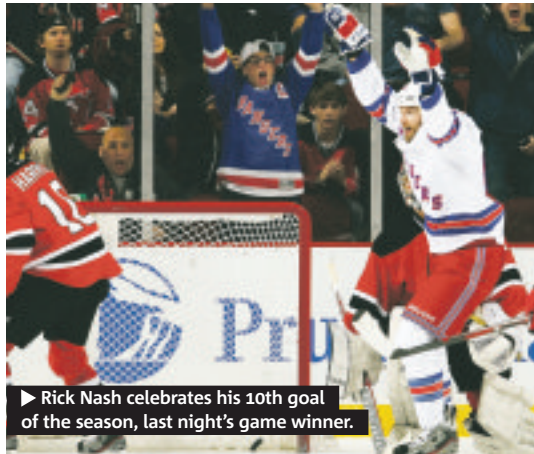
► Nash scores game winner in second period ► Series split 1-1 on season ► Blueshirts take over sole possession of final playoff spot

The second installment of this season's Hudson River Rumble was a wild, mean-spirited affair befitting two rivals separated by 10 miles and a mutual history of revulsion.

The season series is tied at one game apiece after the Rangers' 3-2 win over the Devils at the Prudential Center last night.

The Rangers have won consecutive games and taken sole possession of the No. 8 seed in the Eastern Conference. Last night's win also snapped a three-game losing streak on the road.

Against an opponent whose pedigree required that everyone contribute, it was the Rangers' best players who did the heavy lifting. Henrik Lundqvist made 29 saves, J.T. Miller



► Rick Nash celebrates his 10th goal of the season, last night's game winner.

looked to create offense at every opportunity. Michael Del Zotto finished with two points and the top line of Rick Nash, Brad Richards and Marian Gaborik combined for 14 shot attempts and a goal.

Nash's goal at 7:25 into the second period was the game winner. Nash ripped a drive from the right face-off circle past Hedberg for the go-ahead goal. The goal was Nash's team-leading 10th of the season, and it

broke a 2-2 tie.

The rivals alternated goals in the first period. Del Zotto (11:49) opened the scoring and Carl Hagelin gave the Rangers a 2-1 lead with his eighth of the season.

But the leads were short-lived as Travis Zajac potted a power-play goal at 15:15 and Anton Volchenkov added an even strength marker at 17:13.

That was all Lundqvist would allow for the rest of the game.

The reigning Vezina winner was routinely spectacular in the second period, as he stopped all 12 Devils shots, including an Ilya Kovalchuk bullet and a Steve Bernier backhand on the same power play.

**Denis Gorman**  
sports@metro.us



## What went right ...

**1 Short start** — For a team that's had trouble scoring, a shorthanded goal by Michael Del Zotto was not the expected way the Rangers would score first — but whatever works.

**2 Nashty again** — Rick Nash had tallied a point in 10 straight games, before his current four-game streak of zeroes. He was back on the board last night with a goal.

**3 Step up** — Derek Stepan continued his hot month with his 10th point in 10 games in March. ● **METRO**

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# Injured list gains two more Knicks

As Carmelo Anthony nears a return, new injuries are starting to pile up for the Knicks.

Tyson Chandler underwent an MRI early Tuesday, which revealed a bulging disc in his neck. The team is saying the injury is small and will require only one more week off.

Chandler has missed the last three games on the road trip after injuring his knee in a collision against the Nuggets. The team was cryptic about whether it was the knee contusion keeping him out or a sore neck.

The reigning NBA Defensive Player of the Year was backed up ably by 40-year-old Kurt Thomas in Monday night's win over the Jazz.

But now Thomas, who revealed he was dealing with bone spurs in his foot before the Jazz win, will be on the shelf for two to four weeks with a stress fracture in that right foot. ● **METRO**



► Chandler hasn't played since clutching his knee against Denver. Now he's out a week with a neck injury.

## Melo making progress

The rare good news on the Knicks' front is that All-Star Carmelo Anthony appears near a return tonight against Orlando (7:30 p.m., MSG).

Anthony told reporters before Monday's win he had "no more" discomfort

in his injured right knee.

The team officially listed him yesterday as questionable for tonight's game, but he seemed optimistic about giving it a go.

Anthony hasn't played since March 13 but has missed six of the last eight games dating back to March 6.

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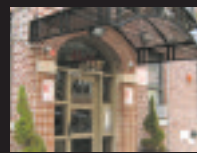


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## Market watch



### CHEAPEST \$135,000

42 W. 138th St.

The least expensive property to come on to the market this week was a one-bedroom, one-bathroom co-op in Central Harlem. Located on 42 W. 138th St. and listed by Halstead, the unit has been recently renovated and offers a washer/dryer, hardwood floors and lots of natural light.



### PRICIEST \$22.5M

778 Park Ave.

The most expensive property to hit the market this week is a \$22.5 million pre-war co-op at 778 Park Ave. Listed by Sotheby's International Realty, this three-bedroom, three-bathroom unit occupies the entire 17th floor and has 11-foot ceilings, five balconies and views of Central Park and the city.



Streeteasy.com is a New York-based real estate information portal that aggregates the most comprehensive set of sale and rental listings along with other useful info.





# Coops move from country to city

► Designers Kevin McElroy and Matthew Wolpe want to teach you how to raise chickens in your backyard — without it looking like the sticks

From the rise of farmer's markets to the development of green housing, it seems as though everyone has jumped on the sustainable-living train. But what if you want to take it a step further and start raising your own chickens? The trend is gaining popularity nationwide and has created a marketplace for books such as "Reinventing the Chicken Coop." In the new tome, California-based designers Kevin McElroy and Matthew Wolpe show us that raising chickens is doable and beneficial — even in an urban setting. "We like to joke that we're bringing the chicken

## Basic elements

"The chickens have to have a safe place to sleep, a place to live in, a space from predators. It has to be easy to clean for the humans, but beyond that you can expand it and do whatever you want," says McElroy.

**"We like to joke that we're bringing the chicken coop from the backyard to the front yard."**

MCELROY

coop from the backyard to the front yard," says McElroy.

The book includes 14 stylish coop designs and building plans ranging from the most straightforward (the "A-Frame" coop, a modern triangular-shaped coop) to the most intricate (the "Coopsicle," a tree house-inspired version).

"We wanted the coops to be equal parts furniture, sculpture [and] chicken coop," says McElroy. "It's got to be functional, but it can also be beautiful and interesting."

But fear not, beginners. The guide caters to all demographics, from expert

► To learn how to make the A-Frame coop, one of McElroy and Wolpe's simpler designs, visit [www.metro.us](http://www.metro.us).



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ERIN KUNKEL



► One of these would totally look cute in your backyard.

### Benefits to

### keeping a coop

"The obvious benefits would be fresh eggs and chickens. But it's great for raising kids. You can give them some of the responsibility of taking care of a coop," says McElroy. "And from a building perspective,



learning how to use tools can be very empowering."

carpenters to those who have never set foot in a hardware store.

"Building something with your own hands is something that our society has gotten away from a little bit," says McElroy. "With this book, we're hoping that people will pick up a new tool, learn it and use it."



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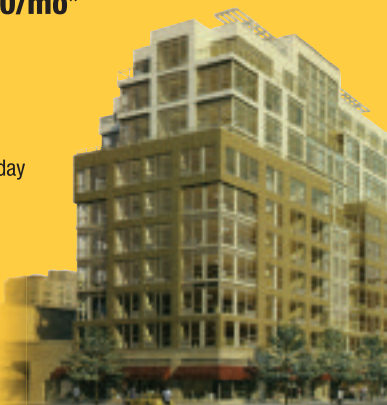
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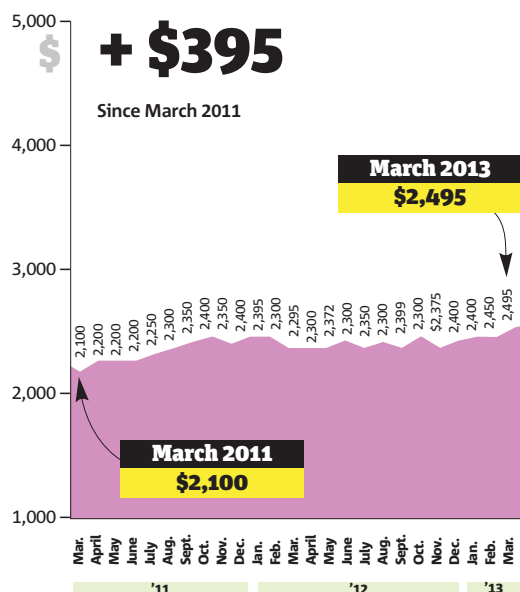
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# New York City rental index

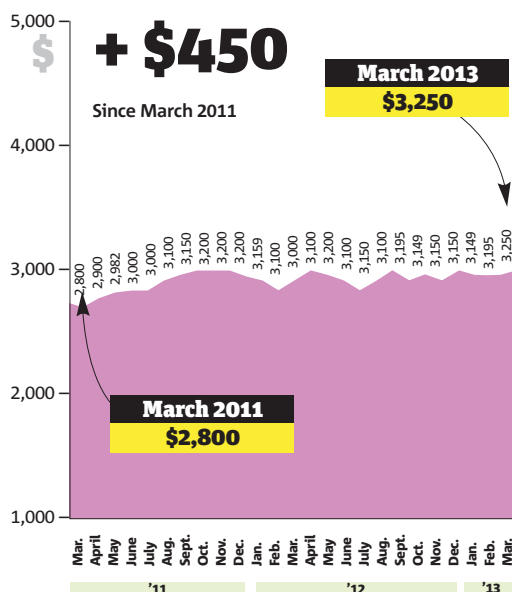
**STREET EASY**  
Streteasy.com is a New York-based real estate information portal that aggregates the most comprehensive set of sale and rental listings, along with other useful info.

► The city that never sleeps also really doesn't do mortgages ► Know the market before you lease  
► Here's a look at what people are shelling out to rent various-sized apartments in Manhattan

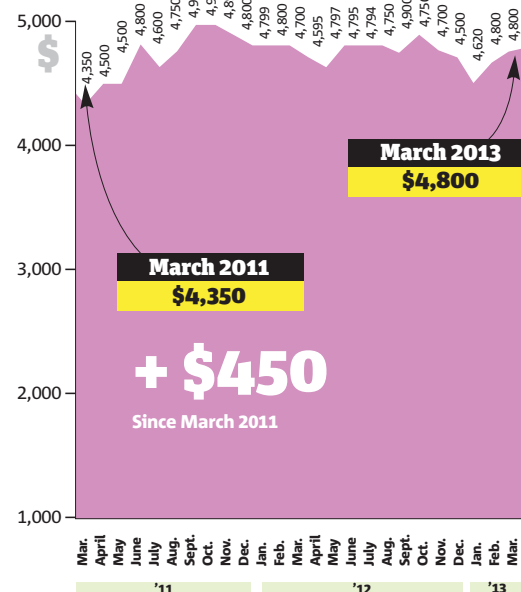
## Studio: By median price



## One-bedroom: By median price

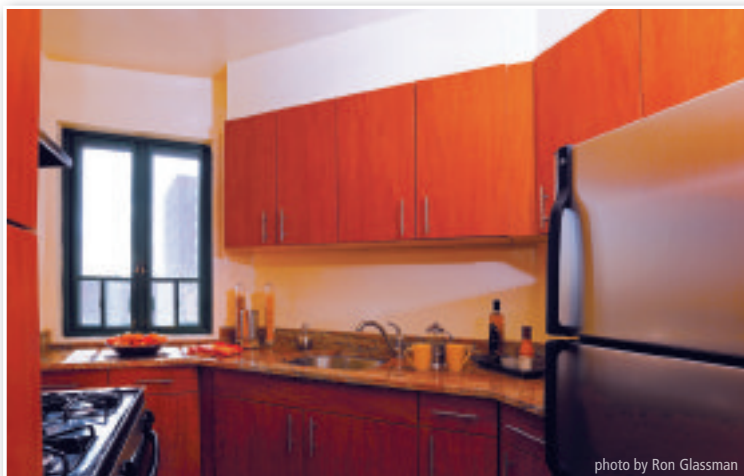


## Two-bedroom: By median price



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Apartments Available	Apartment Size	Household Size*	Monthly Rent**	Total Annual Income Range*** Minimum Maximum
4	1 Bedroom	1	\$533	\$20,263 - \$24,080
		2		\$20,263 - \$27,520
14	1 Bedroom	1	\$844	\$30,926 - \$36,120
		2		\$30,926 - \$41,280
2	2 Bedroom	2	\$648	\$24,275 - \$27,520
		3		\$24,275 - \$30,960
		4		\$24,275 - \$34,360
10	2 Bedroom	2	\$1,022	\$37,098 - \$41,280
		3		\$37,098 - \$46,440
		4		\$37,098 - \$51,540

\*Subject to occupancy criteria

\*\*Includes gas for heat and cooking

\*\*\*Income guidelines subject to change

Qualified applicants will be required to meet income and family size guidelines and additional selection criteria to qualify. Applications may be **DOWNLOADED** from: [www.stnicholaspark.com](http://www.stnicholaspark.com) or requested by **regular mail** from: **St. Nicholas Park Apartments LP, 2214 Frederick Douglass Blvd, Suite #386, New York, NY 10026**. Please include a **self-addressed envelope** with your request. **Completed applications must be returned by regular mail only (no priority, certified, registered, express, oversized or overnight mail will be accepted) to a post office box number that will be listed with the application, and must be postmarked by May 20, 2013.** Applications postmarked after **May 20, 2013** will be set aside for possible future consideration. Applications will be selected by lottery; applicants who submit more than one application will be disqualified. Duplicate applications will not be accepted. A general preference will be given to New York City residents. Eligible households that include persons with mobility impairments will receive preference for 5% of the units; eligible households that include persons with visual and/or hearing impairments will receive preference for 2% of the units. Current and eligible residents of **Community Board 10** will receive preference for 50% of the units. Applicants who can document displacement by Hurricane Sandy and/or its related storms will receive preference for 25% of the units. Eligible City of New York Municipal Employees will receive a 5% preference. St. Nicholas Park Apartments is a 100% smoke free and pet free community.



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Department of Housing Preservation and Development  
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# Selling an eccentric Manhattan apartment

Every broker likes to declare that he or she is selling an apartment that stands out from the rest. But a “unique” listing isn’t always an easy listing, particularly when a home comes with a pool in its living room.

Such eccentric properties often experience chaotic rides on the market, as owners make price cuts or switch brokers.

For example, after going on and off the market several times since 2009, film producer Stuart Parr’s famed “Marble House” finally sold last week for \$9.47 million — a far cry from its original listing price of \$24.5 million.

Indeed, marketing an idiosyncratic apartment in Manhattan takes finesse, brokers tell us, perhaps because there are so few truly original properties in a city full of high-end real estate.

“The reality is, being unique is an achievement,” Douglas Elliman’s Leonard Steinberg says. Steinberg’s team has been marketing a duplex penthouse at 497 Greenwich St. in Soho, which features sloping, exposed glass windows.

“You have to first identify what makes the property so unique,” he says. “Look for collective quality items — the things that are difficult to replicate.”

Brokers agree that when marketing a property closely tied with an owner’s personality, it is important to deemphasize some of the seller’s artifacts.

“The goal is to reveal the unique feature but take away some of the personal effects,” says Stan Ponte of Sotheby’s International Realty. “That’s really important because those unique qualities are important, but sometimes buyers

## Post it

Stan Ponte emphasizes that marketing is especially important with one-of-a-kind homes.

“Be ready to keep marketing over the long haul, because you might be looking for the needle-in-a-haystack buyer,” he says.

can’t get past the uniqueness of the owner, too.”

Ponte was marketing the so-called Pool House — a townhouse at 232 W. 15th Street in Chelsea — before it was taken off the market in September. The \$9.95 million home famously has a pool in its living room, along with six bedrooms and five bathrooms. The owner is currently renovating the home before relisting it, Ponte says.

Equally important when listing unique digs is marketing them to the right audience.

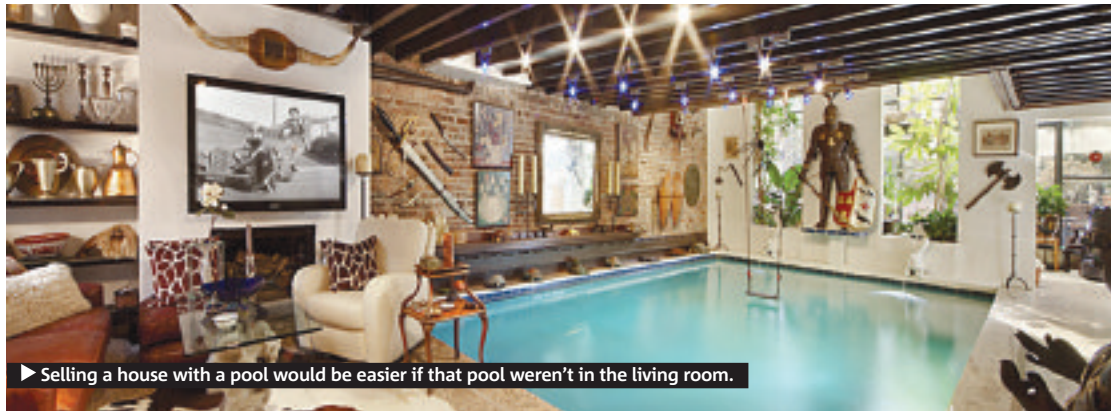
Since 497 Greenwich St. hit the market for \$14 million last week, Kane Manera of Elliman, who is working with Steinberg, says he has tried to market the space to downtown clientele, holding several events there to generate buzz.

“It’s not about the home, it’s about [people] being there and having experiences and telling other people — whether or not they like it — and sharing that response with other people,” Manera says.

**HAYLEY KAPLAN**

Therealdeal.com is a daily blog and monthly magazine covering real estate in the New York metro area.

**THE REAL DEAL**



► Selling a house with a pool would be easier if that pool weren’t in the living room.

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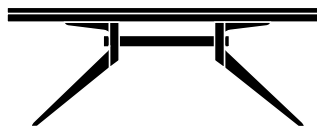
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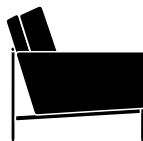
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